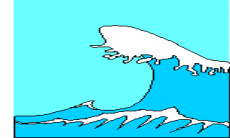




The Wavelength



Vancouver Swim Club, P.O. Box 2604, Vancouver, WA 98668
www.vancouverswimclub.com

SEPTEMBER - 07

Happy September Birthdays

Carly C.	9/3
Hanna G.	9/6
Collin G.	9/13
Spencer G.	9/13
Alex M.	9/21
Katie R.	9/21
Nikki C.	9/22
Alyssa M.	9/29
Arisa L.	9/30

Kick-Off for our New Website

Dear Members,

We are pleased to announce the deployment of our new team website and team management system which includes powerful email communication and billing tools. This new toolset will enable our coaches and team administrators to better communicate and manage our team.

Please visit: www.vancouverswimclub.com to check out our new website. We think your going to love it!

One of the most important benefits to our team administrators will be the ability to effectively invoice and track payments from our membership which will begin September 21st.

You will be sent a system generated email with your login credentials to your own private account and email in a few days. This email will grant you access to your own secure account. **Please login and update all of your contact information.**

As we prepare for our new billing system, it is especially important that you update your email addresses with an email address that you use actively as we will rely heavily on email communication from this system to keep you updated on team activities, events and billing. As importantly please ensure that the rest of your contact information is accurate as well.

Please email Cindy at actghouse@comcast.net with any difficulties you may have logging in to your account, questions, or to notify us of your email address if we do not have one.

Thank you for your support of our great team,

The Team Administrators

Coaches' Corner

Welcome back VSC swimmers and families! I hope you all enjoyed a nice break from the daily routine of practice schedules and are back ready to have your best season yet. Welcome to you new swimmers and families, we are happy you are here.

I am extremely sad to let you know that Coach Sheri will not be working with us this year. With the changes in our schedule and pool times she will not be able to make it work for her. Sheri has proven herself to be a huge asset to Vancouver Swim Club in many ways. She got involved as an official right after her daughters began swimming with the team. Then she became our novice coach, and later moved into the age group coaching position. Our swimmers have improved and thrived competitively under her coaching.

Sheri has always observed the highest level of ethics and code of conduct for USA Swimming and ASCA (American Swim Coaches Association). She has been recognized by her coaching peers in Oregon Swimming and selected to serve as a coach for the Oregon Zone Swim Team, as well as several Oregon Swimming all-star teams. She has run the swim-a-thon for VSC the last couple of years, and was a big part in getting the kids excited about raising money for the team and winning prizes (team gear) for themselves. The team saw a 50% increase in the amount of money we raised this year!

I thank Sheri for her personal and professional support over the last 4 years of working with VSC. As the head coach it makes a HUGE difference having an assistant that you can count on and Sheri has been that person. The decision she has made was not made easily, but is necessary so that she can be there for her own family. I am hoping that Sheri will continue to be involved with our team in whatever capacity she is able to offer. I know the kids and parents didn't really have a chance to say thank you or goodbye. You will see her at swim meets cheering for her swimmers. Take the opportunity to say thank you and great job.

We are working on filling coaching positions, but it will take a few weeks to get things in place. Until then I will be coaching both at Marshall and Hough pool, so it should not affect our practice schedules. Change is hard, but inevitable, and we will make the best of it and move forward.

VSC is starting a new program this fall at Marshall for "pre" novice swimmers—any age swimmer (4 and up) that is not quite ready to swim in the 25 yard pool at Hough. Polly Hill will be serving as our "instructor/coach" and work on getting swimmers water safe and teaching them the 4 competitive swim strokes. These kids will swim in both the deep well and the 25 yard lanes at Marshall. The groups will swim for 45 minutes and we will offer 4 sessions a week. There will be 3 different groups, divided (as much as possible) by age. We plan to keep the groups very small—5 kids or less. Polly will be in the water with the swimmers on a regular basis. If you have swimmers on the team with younger brothers or sisters this may be the program for you. Our goal is to teach the kids to swim competitively and then to move them right into the novice group. All swimmers will be members of USA Swimming and VSC. Please contact Kelli McCulloch (944-1872) if you are interested.

Meet schedules have been distributed and are due by Monday September 17th. Turning schedules in late may result in missing out on meets you wish to attend so please be prompt.

Hood River will be our first competition the weekend of October 20 and 21. They are not doing events on Friday night this year—trying a slightly different format.

The VSC general meeting will be in October, the date and time TBA. Please attend and let your voice be heard.

I am starting my 19th year with the Vancouver Swim Club and am looking forward to making it our best year yet. We have 2 pools and lots of space to swim. Spread the word to family and friends and let's fill up the pools and let people know that Vancouver Swim Club is a great activity/group to be involved in!

Swim Smart, Swim Fast

Coach Vicki

Age Group News

As most of you know, I will not be coaching for VSC this season. Since the new time changes were announced in August our family has been discussing how the later practices and separate pools will affect our day to day lives and my coaching. For those of you who know me best, I do not participate in anything halfway, it is all or nothing or not at all. Which I am sure my swimmers will standby me in that statement. It is that philosophy that has attributed to their success and I hope they will continue to practice with that in the back of their minds. Many of you also know my husband works for Alaska Air based out of Seattle which contributes to the difficulty of me coaching this season and being there for my family. I thank all of you who have been there for me in the past to lend a helping hand. This was a long, difficult decision for me and I thank you for your support.

"Novice to Nationals, One Stroke at a Time"

Coach Sheri

Swim-a-Thon

The 2007 Swim-a-Thon was the best one yet. VSC Swimmers brought in over \$11,000, which represents a 50% increase over last year. We are hoping to purchase a record board for display at Marshall Center, pending approval of a location to hang it. **GREAT JOB EVERYONE!!!** Thanks for supporting VSC.

CONGRATULATIONS to our top fundraiser this year, Kari Fleischauer, who raised \$1,300. She won a Fastskin suit and the Michael Phelps t-shirt, donated by the Bottelberghe family. Other swimmers that raised more than \$500 and chose either a Fastskin suit or a VSC parka were Jessica Bottelberghe, Livi Cox, Katie Remington, Alyssa Manlow, Quin McLaughlin, Justin Miles, Eliko Hagen, Lis Tso, Monica Bottelberghe, and Domi Burpee. We had 27 additional swimmers that raised over \$100 and chose either VSC t-shirt or shorts: Carly Cannon, Jaquie Bruechert, Jamie Bye, Christian Ray-Jones, Arisa Laochumanvanit, Meaghan McCulloch, Will Lawhead, Emma Strieby, Kelcy Charlson, Heidi Stewart, Christian Benson, Rose Caughie, Nikki Cannon, Ashley Woodbury, Nicole Woodbury, Nathan Schurman, Shea DeWald, Mateyah O'Daol, Christianna Nave, Michael Ash, Josh Bottelberghe, Jocelyne Foresman, Elizabeth Leong, Katie Odiorne, Katherine Shannon, Kevin Thov, and Katherine Voakes.

A huge "Thank You" to everyone that helped make this year's Swim-a-Thon a success!

VSC CALENDAR - SEPTEMBER 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Carly C.	4	5	6 Hanna G.	7	8
9	10 EVERYBODY IN THE POOL!!!	11	12	13 Collin G. Spencer G.	14	15
16	17	18 VSC Board Mtg. 5:00 pm Marshall Center Oak Room	19	20	21 Alex M Katie R.	22 Nikki C.
23	24	25	26	27	28	29
30 Arisa L.						Alyssa M.

WHO'S WHO IN VSC

Coaches

Head Coach _____ Vicki Gordon _____ (360) 750-4550 _____ swimcoachv@yahoo.com
Age Group Coach _____ Sheri Bottelberghe _____ (360) 571-3475 _____ sbottelberghe@yahoo.com
Novice Coach _____ Cassi Manlow _____ (360) 608-9079 _____ cmae106@comcast.net

Club Officers

President _____ Scott Conley _____ (360) 546-5801 _____ scottc2517@comcast.net
Vice President _____ George Stebbins _____ (360) 574-5218 _____ stebbinsgm@aol.com
Secretary _____ Shawn Ash _____ (360) 737-2839 _____ sash960830@aol.com
Treasurer _____ Cindy Manlow _____ (360) 944-1484 _____ actghouse@comcast.net

Committee Chairs

Meet Entries _____ Coach Vicki _____ (360) 750-4550 _____ swimcoachv@yahoo.com
Swim Apparel _____ Angie Shannon _____ (360) 571-7264 _____ mandashann@msn.com
Membership Chair _____ Kelli McCulloch _____ (360) 694-2377 _____ kellimcculloch@msn.com

WaveLength

Editor _____ ???????

Members at Large

Mark Fleischauer _____ (360) 576-7125 _____ mkkmm@comcast.net
Nancy Golden _____ (360) 695-6315 _____ nagolden53@hotmail.com
Scott Odiorne _____ (360) 572-7821 _____ scott.odiorne@motion-ind.com
Dave Kahler _____ (360) 574-3402 _____ davedwkah@netscape.net
- - Vacant - -

Swimmers' Representatives

Shelby Allman _____ (360)695-6315 _____
Nikki Cannon _____ (360)750-4550 _____

Next Board Meeting

Tuesday, September 18th @ 5:00 PM, Marshall Center Oak Room

**General Membership Annual Meeting is coming in October. Date TBA soon.
All current members are invited to attend.**