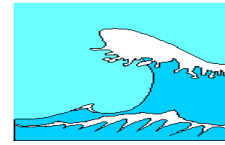


# The Wavelength



Vancouver Swim Club, P.O. Box 2604, Vancouver, WA 98668

[www.vancouverclub.com](http://www.vancouverclub.com)

**AUGUST - 07**

## Happy August Birthdays

Ross M.	8/3
Elika H.	8/10
Jessica B.	8/13
Shelby A.	8/13
Christian B.	8/21
Mersene P.	8/27

## Message from the President

The summer is rolling along and I hope you're all having a great time. Newport was, once again, a lot of fun and it's great to spend time with all the families. If you happened to talk with the Newport swim team leaders, they are under serious attack by the City of Newport who doesn't understand the sport of swimming and what it does positively for their community. We're sending a letter to the City Council telling them how much we appreciate this event and how much money we spend in their fine city. The thought I have also, is how good the City of Vancouver and its tax payers are by comparison. Yes, we have our frustrations and they are raising our rent at Marshall, but they do support swimming and Community Centers for fitness and youth sports. I'm sure you'll see the investment made when you walk into Marshall. We'll send a thank you to the City and some flowers for their grand opening on the 16th.

We are still planning on returning to Marshall the 10<sup>th</sup> of September. We will also be holding some time at Hough for the time being to help everyone can make a time slot. Vicki is working out those details. Be patient and give us any constructive feedback you have. Our goal is to always have two pools and grow the size of our club to be able to afford the extra cost.

On another note, I want to express how proud I am with our swim team families. We took both the Swim-A-Thon and the Fireworks fund raisers to new levels this year. Both generated revenue increases of 50 and 25 percent respectively over last year. WOW!! With this funding, we can... hold down the cost of dues, help with the travel expenses to clinics and regional and national events, and create more excitement at Marshall and in the community for our sport. Give us your ideas on how we can build on the enthusiasm and improve the visibility of VSC in the community. We can do great things if we put our minds to it.

Lastly, the time is coming soon for elections to the VSC swim board. We rely on your parent support and feel strongly that we have a great core group. Great clubs have a large percentage of parent involvement so jump in where you feel you can. We appreciate our volunteers and are proud of our club.

GO VSC!!!

**Scott Conley**

## **Coaches' Corner**

Today is August 7<sup>th</sup> and I find myself wondering, “What happened to the summer”? I find myself looking forward very much to our break. A summer full of double practices and swim meets has me worn out! VSC has 4 swimmers competing at the Western Zone meet in Farmington, New Mexico this week. Congratulations to Courtney Miller, Kate Duvall, Jessica Bottelberghe and Nikki Cannon on being selected to this team. They are traveling with a group of about 80 swimmers (and assorted chaperones, managers and coaches) representing Oregon Swimming. It is a fun, exhausting trip and I know they will come back with a lot of new friends and great stories.

The Newport meet was a lot of fun as usual. It was great to watch all of our swimmers from 6 through 21 compete in one meet. Great team spirit, and some fast swimming to boot! Thanks to all of you parents who made the trip and thanks for helping out with timing at the meet. Our team came in second place this year—a nice group effort. Some day I sure would like to take this many swimmers to the state championship meet!

Speaking of championships, July was full of them! Ten and under state was first and VSC was represented by Josh Bottelberghe and Olivia Cox. The week of July 10 through 14 VSC had 5 swimmers compete at the Senior Sectional Championship meet at Mt. Hood. Alex Limoges, Nikki Cannon, Jessica Bottelberghe, Kate Duvall and Alyssa Manlow represented our team. Two weeks later, back to Mt. Hood for the 11 & Over State Championship meet. VSC had 14 swimmers compete: Jacob Benjamin, Edwin Yip, Nathan Schurman, John Conway, Alex Limoges, Jessica Bottelberghe, Monica Bottelberghe, Kate Duvall, Nikki Cannon, Carly Cannon, Eliko Hagen, Arisa Laochumnanvanit, and Will Lawhead. With just 5 swimmers scoring (plus one relay) our team was 18<sup>th</sup> out of 44 teams competing. Congratulations swimmers!

VSC's last day of practice will be Friday, August 17<sup>th</sup>. ALL swimmers will be at the WSSB pool the week of August 13 through 17. As I write this letter we are still in the process of deciding what pools we will be using and exactly what our group practice times will be. We are trying to do what is best for ALL of our swimmers. Please look to the website for the updated practice schedule.

Have a great break!

Swim Smart, Swim Fast

**Coach Vicki**

## **Age Group News**

As we wind the summer training season down, I would like to congratulate all swimmers and parents for a job well done. Practice attendance has been high this summer, especially in the Novice 1 and Age Group 2 sessions. As you saw at the Seahorse meet, hard work does pay off with big time drops. Everyone had best times, but I would especially like to mention: Quin McLaughlin who had 6 best times, Christian Ray-Jones who had 7 best times dropping 34 seconds in his 200 FR, Livi Cox 7 best times, Alex Mann 6 best times, Josh Bottelberghe 6 best times, Katie Remmington 6 best times and our Age Group High point winners 9-10 Boys Christian Benson and 11-12 Girls Monica Bottelberghe. Also winning high point trophies were Alyssa Manlow 17-18 Girls and Jessica Bottelberghe 13-14 Girls. VSC was 2ND Place as a team. If you get a chance Sam Walkers mom, Cheryl took some great pictures and has put them on line, take a look.

If you haven't already, please check out the VSC web site. It is the main way I will be communicating next year with my swimmers and their families. Our last practice day is August 17 at the Blind School and as we get closer to September 10th and our new practice times and locations are finalized I will be notifying swimmers of any group changes. So, look for emails from me in the next couple of weeks. If you have any questions please stop by 10 minutes before or after practice or email me at [Sheribottelberghe@yahoo.com](mailto:Sheribottelberghe@yahoo.com).

Have a great break!  
Coach Sheri

### **Return to MARSHALL (and Hough) is September 10<sup>th</sup>!!!**

The following page details the VSC Fall 2007 practice schedule. After much deliberation (and hair pulling) by our coaching staff and the Board, the decision was made to maintain some pool time at Hough Pool for the Novice and Age Group groups from 6:00-7:30 p.m. We found that the Marshall times were too early for those ages, and therefore, would have made the pool too crowded at the later times.

While the times are not ideal, we hope that everyone will pull together for the success of VSC. The coaches will be as flexible as possible, and are asking everyone to try to work with this schedule as best they can. We will all be evaluating the effectiveness of this schedule through the end of 2007, when the pool contracts will be re-negotiated. However, keep in mind that there still may not be much flexibility with our available pool time.

Thanks for your cooperation. Hope everyone has a great break!



## VSC CALENDAR - AUGUST 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Newport	4 Newport
5 Newport	6 Zones	7 Zones Board Mtg	8 Zones	9 Zones	10 Zones	11 Zones
12 Zones	13 Hough Closed All groups @ Blind School	14 Hough Closed All groups @ Blind School	15 Hough Closed All groups @ Blind School	16 Hough Closed All groups @ Blind School	17 Hough Closed All groups @ Blind School	18
19	20 BREAK!!!	21 BREAK!!!	22 BREAK!!!	23 BREAK!!!	24 BREAK!!!	25
26	27 BREAK!!!	28 BREAK!!!	29 BREAK!!!	30 BREAK!!!	31 BREAK!!!	

## WHO'S WHO IN VSC

### Coaches

Head Coach \_\_\_\_\_ Vicki Gordon \_\_\_\_\_ (360) 750-4550 \_\_\_\_\_ swimcoachv@yahoo.com  
Age Group Coach \_\_\_\_\_ Sheri Bottelberghe \_\_\_\_\_ (360) 571-3475 \_\_\_\_\_ sbottelberghe@yahoo.com  
Novice Coach \_\_\_\_\_ Cassi Manlow \_\_\_\_\_ (360) 433-2465 \_\_\_\_\_ cmae106@comcast.net

### Club Officers

President \_\_\_\_\_ Scott Conley \_\_\_\_\_ (360) 546-5801 \_\_\_\_\_ scottc2517@comcast.net  
Vice President \_\_\_\_\_ George Stebbins \_\_\_\_\_ (360) 574-5218 \_\_\_\_\_ stebbinsgm@aol.com  
Secretary \_\_\_\_\_ Shawn Ash \_\_\_\_\_ (360) 737-2839 \_\_\_\_\_ sash960830@aol.com  
Treasurer \_\_\_\_\_ Cindy Manlow \_\_\_\_\_ (360) 944-1484 \_\_\_\_\_ actghouse@comcast.net

### Committee Chairs

Meet Entries \_\_\_\_\_ Coach Vicki \_\_\_\_\_ (360) 750-4550 \_\_\_\_\_ swimcoachv@yahoo.com  
Swim Apparel \_\_\_\_\_ Angie Shannon \_\_\_\_\_ (360) 571-7264 \_\_\_\_\_ mandashann@msn.com  
Membership Chair \_\_\_\_\_ Kelli McCulloch \_\_\_\_\_ (360) 694-2377 \_\_\_\_\_ kellimcculloch@msn.com

### WaveLength

Editor \_\_\_\_\_ ???????

### Members at Large

Mark Fleischauer \_\_\_\_\_ (360) 576-7125 \_\_\_\_\_ mkkmm@comcast.net  
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Scott Odiorne \_\_\_\_\_ (360) 572-7821 \_\_\_\_\_ scott.odiorne@motion-ind.com  
Dave Kahler \_\_\_\_\_ (360) 574-3402 \_\_\_\_\_ davedwkah@netscape.net  
- - Vacant - -

### Swimmers' Representatives

Alyssa Manlow \_\_\_\_\_ (360)944-1484 \_\_\_\_\_ fly\_swimmer97@comcast.net  
Courtney Miller \_\_\_\_\_ (360)737-9881

### **Next Board Meeting**

**Tuesday, September 18<sup>th</sup> @ 5:00 PM, Location TBA**

**Check out our new Website at [www.vancouverswimclub.com](http://www.vancouverswimclub.com)  
New billing process coming in September 2007.**